



AT THE FOREFRONT

UChicago
Medicine

Well-Being Champions Program

Supplemental information for applicants

Well-Being Champions Program Goal:

- The Well-Being Champions program seeks to engage, connect, and support resident/fellow leaders in contributing to institutional well-being for the University of Chicago GME community.
- Well-Being Champions will act as the core membership of the Well-Being Advisory Committee meeting quarterly to advance the mission and vision of well-being for resident and fellow physician peers.

Program Components

- Service year runs from July 1st – June 30th
- Lead a well-being initiative
 - *Final presentation due at last Well-Being Advisory Mtg*
- \$2000 honorarium for satisfactory completion of well-being project and participation in the program

Program Components cont.

- Attendance Required:
 - 1 orientation meeting (date in July TBD)
 - 1 GME sponsored well-being event
 - (4) Well-Being Advisory Committee (WAC) Meetings
 - WAC Meeting Dates for 2024-2025

Q1: 9/17/24	Q2: 11/19/24
Q3: 2/18/25	Q4: 5/20/25

*All meetings run from
3:00pm- 4:30pm*

Selection Criteria

- PGY 2 or above level residents/fellows are eligible to apply
- Each applicant must be in good academic standing with approval from their Program Director
- Each applicant will submit an essay (no more than 500 words)
 - *How have you been involved in medical education well-being in the past?*
 - *Why are you interested in participating in the Well-Being Champions Program?*
 - *What unique characteristics or ideas can you bring to this program?*

Timeline

- Applications due: **May 24, 2024**
- Program Standing Confirmation: **June 3, 2024**
- Selected Champions Announced: **June 28, 2024**
- Orientation Meeting: **TBD July 2024**
- Activity Start: **July 2024**

Resident Champions Opportunities

- Impact institutional wellbeing practices
- Lead wellbeing engagement in your department
- Honorarium for each resident/fellow Wellbeing Champion
- Branded materials and supplies, free meals for in person committee meetings